



*Perspectives Counseling*  
CENTERS OF MICHIGAN

# Transitioning From High School to College - Teen Group



A 6-week in-person group for teens focusing on providing them the necessary tools to succeed in college.

Led by our Interns Quanesha "Q" Johnson and William Hove under the supervision of Diana Jennings, MS, LLP, Clinical Director

Participate in fun activities and workshops to learn:

- goal setting
- good study habits
- organizational skills
- balance and wellness techniques

Thursday afternoons from 2:00–3:00pm

Starting July 18, 2024

6-Week In-Person Group

For all teens ages 15–19

Perspectives Counseling Centers – Troy Location  
888 W Big Beaver Rd Ste 1450, Troy, MI 48084

Register today at (248) 244-8644  
or stop by the front desk

Cost: Free!