



The TEEN E.D.G.E.



- *Exploring teenage moodiness, depression, and anxiety including self-destructive behaviors (self-injury & substance abuse)!*
- *Discovering new ways to think and feel about life and future!*
- *Goal-setting with positive thinking and behavioral choices!*
- *Excelling with a new-found confidence!*

Tuesdays from 7:30 - 9:00 pm
Next Group Begins February 26, 2019!

8-week program
Males and Females ages 13-18

Contact John Noteware, LMSW
248-244-8644

SPACE IS LIMITED!
Perspectives Counseling Centers

Troy location:
888 W. Big Beaver, #1450, Troy MI 48084

perspectivesoftroy.com

