

# Perspectives of Troy Counseling Centers

## Self-Control Group for Kids



Facilitated by Joe Lilly, LMSW  
Director of Anger and Behavioral  
Management

Perspectives Of Troy Counseling Centers

### **Troy Location**

888 W. Big Beaver Rd. Ste 1450

Troy, MI 48084

**Space is limited**

**Who:** Children 8-12 who struggle with anger, impulsivity, and hyperactivity.

**What:** An 8 week group focusing on self-control and anger management

**Where:** Perspectives of Troy Counseling Centers, Troy Location

**When:** Thursdays:  
6:00 p.m. – 7:30 p.m.

***Winter/Spring 2018***

**Cost:** \$320 plus \$40 intake for non-Perspectives clients

### **Participants will learn**

- ⇒ **Triggers associated with a loss of control**
- ⇒ **Myths and facts associated with self-control and anger management challenges**
- ⇒ **Coping skills and anger management strategies**
- ⇒ **Pizza and beverages provided on the last day**

**Contact Perspectives of Troy to register: 248-244-8644**

**[perspectivesoftroy.com](http://perspectivesoftroy.com)**