

CODEPENDENCY WORKSHOP

I WANT YOU TO NEED ME

Providing direction for men & women in understanding their roles in relationships and how to manage and maintain them without losing self respect and self acceptance

Designed for men & women who are:

- ⇒ Ages 18 and above
- ⇒ Challenged with patterns of unhealthy relationships
- ⇒ Facing issues in setting appropriate limits
- ⇒ Making excuses for others' behaviors
- ⇒ Desiring to discover their own self identity

Focus:

- ⇒ Wanting a healthier relationship that works
- ⇒ Searching for self respect & getting it
- ⇒ Accepting yourself just where you are
- ⇒ Learning to be free to be you



Workshop:

Call for Current Schedule! 9:30 am - 2:00 pm

Cost: \$99 per person (current clients)

Add: \$20 for non-clients

Lunch is provided

**Location: Perspectives of Troy Counseling Centers
888 W. Big Beaver, Suite 1450, Troy, MI 48084**

Facilitator: Karolyn Thompson, PhD, LPC

Contact Perspectives of Troy to Register: 248-244-8644