



# The TEEN E.D.G.E.



- *Exploring teenage moodiness, depression & anxiety including self-destructive behaviors (self-injury & substance abuse).*
- *Discovering new ways to think and feel about life and future.*
- *Goal-setting with positive thinking and behavioral choices.*
- *Excelling with a new-found confidence!*

*Tuesdays from 7:30—9:00 pm*

*Beginning April 14, 2015*

*Our next group will run during the Summer!*

*8 -week program*

*Males and Females ages 12-18*

*Contact Leslie Johnsen, MA, LLP*

*248-244-8644*

*SPACE IS LIMITED!*

*Perspectives of Troy Counseling Centers*

*Troy Location*

*[perspectivesoftroy.com](http://perspectivesoftroy.com)*

