

# SUBSTANCE ABUSE SERVICES

[www.perspectivesoftroy.com](http://www.perspectivesoftroy.com)

## Immediate Appointments available for:

**Secretary of  
State Driver's  
License  
Appeal  
Evaluations**



**Department of  
Transportation  
Substance  
Abuse Evalua-  
tions completed  
immediately by  
our Certified  
Substance Abuse  
Professionals**

## **PERSPECTIVES serves CLIENTELE at 2 locations and growing...**

*With over 35 licensed professionals on staff, we excel in the services we provide in many areas of mental health for Children, Adolescents and Adults.*

*Most insurances and sliding scale accepted.*

### **PERSPECTIVES COUNSELING CENTERS**

888 W. Big Beaver, Suite 1450

Troy, MI 48084

(248) 244-8644

4151 17 Mile Road, Suite D

Sterling Heights, MI 48310

(586) 268-6712

"I don't drink everyday." "I only drink beer." "I just use alcohol to relax." "I never drink alone." Do these statements sound familiar? As a substance abuse therapist I hear these statements and many similar ones everyday. Often, it can take time to figure out where a client falls on the continuum of alcohol use, abuse and dependence. The nature of alcoholism is to rationalize, minimize and deny. Add to that, the tendency of clients to withhold information because of shame or fear of stigmatization. At Perspectives Counseling Centers, we can help you assess your client. We understand the pain and suffering that accompanies substance abuse and are committed to helping the individual and families heal. We offer the following services:

**Substance Abuse Assessment:** An in-depth assessment of their biological, psychological and social history, current life circumstances, occupational functioning, and relationships as well as a substance abuse history and inventory of current use patterns. Results are shared with the clients and referrals are given.

**Alcohol Awareness/Education Course:** This is a one-day, in-depth education class. The goal of the class is to educate the client as to differences between abuse and dependence, the addiction cycle, risk factors for dependence, negative consequences to use, health risks as well as risks of drinking and driving. Included in this class is a written self assessment for the client to understand where they are at with their alcohol use. Client's are encouraged to develop a plan to avoid drinking and driving.

**Adult & Adolescent Group Therapy:** These are both 8 week groups that educate the client to the risks of alcohol and drug use. The cycle of addiction, identification of triggers and high-risk situations will be discussed. Clients will explore family patterns of substance use and how it may impact them. They will learn to develop goals and implement healthy coping strategies.

**Individual Counseling:** Clients work one on one with a therapist regarding their problems with alcohol and drug use. They identify and explore underlying trauma and contributing factors to substance use in their life. The therapist assists them in identifying goals, removing roadblocks and aid in recovery. Many times in therapy, we are working with the spouse or child of an addicted person as well.

**Intervention:** There are many lives affected by the substance use of a loved one. If the loved one wants to stage an intervention with the addict, the therapist can help them with this. The therapist will help them decide if an intervention is appropriate and then plan who else will be involved and how it will be conducted.

***Collaboration with Probation Officers & Courts is the  
key to treating Substance Abuse!***

**Multiple opportunities this year to further your education and earn CEU's at the same time...from the RECOGNIZED EXPERTS**

### **ESSENTIALS OF SUBSTANCE ABUSE TREATMENT**

*With Cindy Parks, MA, LLP, LPC, CAAC & Doug Carpenter, PsyD, LP*

**6 CEU's**

**Friday, March 20, 2009** 9:00 a.m. until 4:30 p.m.

- ◆ Identify drugs of abuse, how they are used, what they do, short & long term effects.
- ◆ Learn how to diagnosis Substance Abuse problems.
- ◆ Learn how to conduct a thorough Substance Abuse assessment.
- ◆ Identify Substance Abuse models and integrate Substance Abuse treatment techniques.

### **UNCOVERING THE MYTHS & TRUTHS OF ADHD**

*With Beth Atwell, MA, LPC*

**3 CEU's**

**Friday, March 27, 2009** 9:00 a.m. until 12:15 p.m.

- ◆ Learn causes and symptoms of ADD/ADHD.
- ◆ Learn to appropriately diagnose and integrate interventions to effectively treat ADD/ADHD.
- ◆ Learn physical, emotional, social, and academic affects of ADD/ADHD on the child.
- ◆ Learn effective discipline strategies for children with ADD/ADHD.

### **ASPERGER'S SYNDROME: PUTTING THE PUZZLE TOGETHER**

*With Malissa Wood, MA, LLP, LPC*

**6 CEU's**

**Friday, April 3, 2009** 9:00 a.m. until 4:30 p.m.

- ◆ Learn the Etiology and Epidemiology of Asperger's Syndrome.
- ◆ Assessment and Diagnosis of the Asperger's Child.
- ◆ The CREATES system of working with an Asperger's Student.

### **INNOVATIVE TOOLS & TECHNIQUES FOR MARITAL COUNSELING**

*With Harry Broomfield, PhD, LPC & Cristina Broomfield, MA,LLP*

**6 CEU's**

**Monday, April 20, 2009** 9:00 a.m. until 4:30 p.m.

- ◆ Learn and understand the ways that couples speak and demonstrate emotional love.
- ◆ Gain innovative techniques to ensure clear concise communication within the relationship.
- ◆ Acquire tools to teach couples how to resolve the most difficult conflict in the relationship.
- ◆ Identification of the essential components necessary for a successful lifelong relationship.

### **THE CONFIDENCE CONNECTION: Building a Client's Self-**

**Esteem to Create Positive Change** *With Mary Johnson-Palazzolo, LMSW*

**6 CEU's**

**Friday, April 24, 2009** 9:00 a.m. until 4:30 p.m.

- ◆ Defining self-esteem.
- ◆ Learn effective self-esteem assessment tools.
- ◆ Learn how low self-esteem relates to depression and anxiety.
- ◆ Gain useful interventions for building self-esteem in clients of all ages.

**NEW TRENDS IN SELF-INJURIOUS BEHAVIOR: Understanding and Treating with Tools that Work** *With Leslie Ayers Johnsen, MA, LLP*

6 CEU's

**Friday, May 1, 2009** 9:00 a.m. until 4:30 p.m.

- ◆ Learn the what, where, when, and why's of self-injurious behavior in the year 2009.
- ◆ Identify how to read the behavior and interpret clients thoughts and feelings.
- ◆ Learn assessment techniques, treatment protocols, and vital tools for success.
- ◆ Learn how to help loved ones deal with self-injurious behavior.

**HEALING THE TRAUMA SURVIVOR**

*With Elaine Booth, LMSW, CRT and Geraldine Reyes, LMSW*

6 CEU's

**Friday, May 15, 2009** 9:00 a.m. until 4:30 p.m.

- ◆ Acquire a greater knowledge of trauma and trauma-specific reactions.
- ◆ Distinguish between Post-traumatic Stress Disorder and Post-traumatic stress.
- ◆ Gain a strong understanding of how trauma impacts the brain in both children and adults.
- ◆ Learn structured sensory interventions to utilize with clients "stuck" in traumas.
- ◆ Integrate creative Cognitive-Behavioral Interventions that will transform negative/distorted thinking.

**IDENTIFYING & TREATING CRISIS & TRAUMA**

*With Elaine Booth, LMSW, CRT*

6 CEU's

**Friday, June 19, 2009** 9:00 a.m. until 4:30 p.m.

- ◆ Define and differentiate between a crisis and a trauma.
- ◆ Recognize signs of crisis, trauma, and post-traumatic response.
- ◆ Understand how the brain is affected by trauma.
- ◆ Learn the ABCD model of crisis intervention and developing hands on skills.
- ◆ Understand the critical difference between crisis intervention and psychotherapy and when to use each.

Detach and Register at least 2 weeks prior to seminar by submitting fee of \$129.00 for each 6 C.E.U. seminar and \$79.00 for each 3 C.E.U. seminar. Checks are payable to:

**Perspectives of Troy, PC**  
888 W. Big Beaver, Ste 1450  
Troy, MI 48084

All seminars are held at our Troy facility!

Name: \_\_\_\_\_

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**Credit Card payments accepted by phone also at 248-244-8644.**

**(10% off total bill for 4 or more people for same seminar or 4 or more different seminars!)**

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Name of Seminar: \_\_\_\_\_ Date of Seminar: \_\_\_\_\_ Quantity: \_\_\_\_\_

*No refunds—if an emergency arises, PPDI will apply monies to another seminar.*

The more you sign up for-the more you save!

Group Discounts!

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**Sterling Heights, MI 48310**



Mailing Address Line 1

Mailing Address Line 2

Mailing Address Line 3



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**To help us stay green...send us your email address to receive valuable information online!**

<b>ESSENTIALS OF SUBSTANCE ABUSE TREATMENT</b>
<b>ONE DAY SEMINAR FOR PROFESSIONALS</b>
<b>MARCH 20TH, 2009</b>
<b>SEMINAR RUNS FROM 9:00 A.M. TO 4:30 P.M.</b>
<b>APPROVED FOR 6 CE CREDITS WITH MCBAP &amp;</b>
<b>MICHIGAN SOCIAL WORK CE COLLABORATIVE</b>
<b>CALL (248) 244-8644 TO REGISTER</b>

**Office of Drug & Alcohol Policy & Compliance**

Department of Transportation Certified Substance Abuse Professionals (SAP) are available to assess holders of commercial driver's licenses (CDL) who have failed a drug test. A SAP is a person who evaluates employees who have violated a DOT drug and alcohol program regulations and makes recommendations concerning education, treatment, follow-up testing, and aftercare. The Department of Transportation Federal Office of Drug and Alcohol Policy & Compliance set guidelines for training requirements. *The Omnibus Transportation Employee Testing Act of 1991 requires drug and alcohol testing of safety-sensitive transportation employees in aviation, trucking, railroads, mass transit, pipelines and other transportation industries. DOT (Department of Transportation) publishes rules on who must conduct drug and alcohol tests, how to conduct those tests and what procedures to use when testing. These regulations cover all transportation employees, safety-sensitive transportation employees and service agents—roughly 12.1 million people. Encompassed in 49 Code of Federal Regulations (CFR) Part 40, the Office of Drug & Alcohol Policy & Compliance (ODAPC) publishes, implements and provides authoritative interpretations of these rules.*

**We do Driver's License Evaluations & DOT Evaluations!**

**Call 248-244-8644 if we can be of help to you!**